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Loans From Employer Sponsored Plans

The federal government allows most employer sponsored retirement plans to provide loans to their plan participants. But borrowing from individual retirement accounts, also known as IRAs, is prohibited. Here's what you need to know about taking a loan from your employer sponsored retirement plan.

Taking a loan from your employer sponsored retirement plan means borrowing money from the funds you have saved in your retirement account. Then paying it back with interest over time. Generally, you can borrow up to 50 percent of the vested balance in your account, up to a maximum of 50,000. The interest rate on this loan is usually set by the plan administrator, and based on the current prime interest rate, plus an additional 1 or 2%.

You will need to pay back the loan with interest within a specified period, typically no more than 5 years. If you fail to make payments on time, you will face penalties and additional tax payments. Taking a loan from your retirement account can impact your long term savings in a few important ways.

One is that because you're withdrawing money from your retirement fund, you will have less money invested and therefore less money to grow. Additionally, the requirement to repay your outstanding loan may limit, or completely prevent your ability to contribute to your retirement account, as the loan repayment takes money that could have otherwise become a contribution to your savings.

Both of these can negatively impact your long term retirement savings. Finally, if you leave your job before you have paid back the loan, you will be required to pay the outstanding balance or be subject to early withdrawal fees and tax implications. These factors can reduce the amount of money available for your retirement.

So it is important to be careful and considerate before taking a loan from your retirement account. However, there may also be some benefits. For example, the process is generally quick and easy.

And you may get a lower interest rate than you would on other types of loans. Before deciding, make sure you understand the specific conditions set by your employer and weigh the potential benefits against the long term impacts.

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